

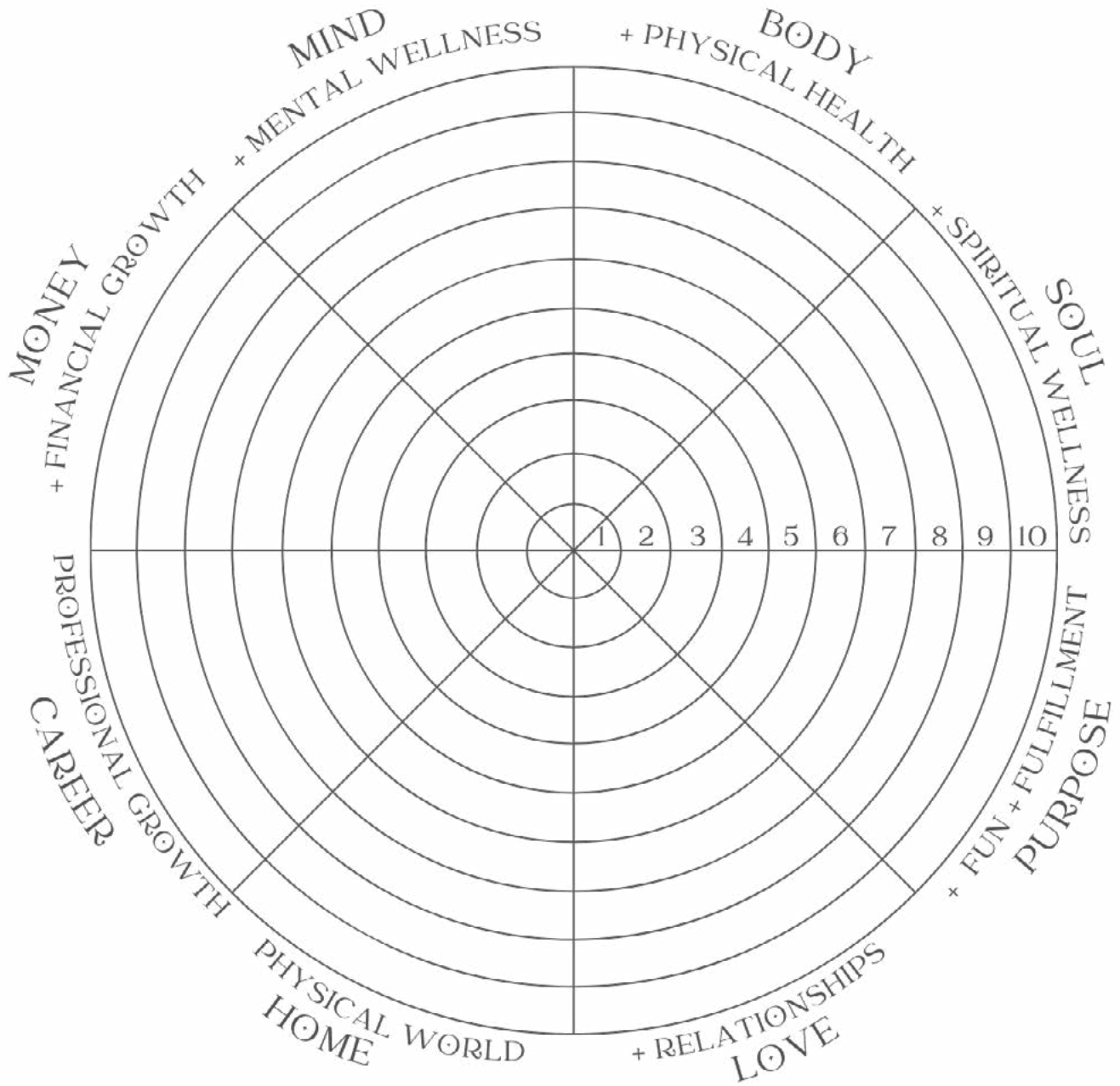


GOALS WITH SOUL CHALLENGE

BY THE AWAKENED STATE - ASHLEY ALIFF

WHEEL OF LIFE

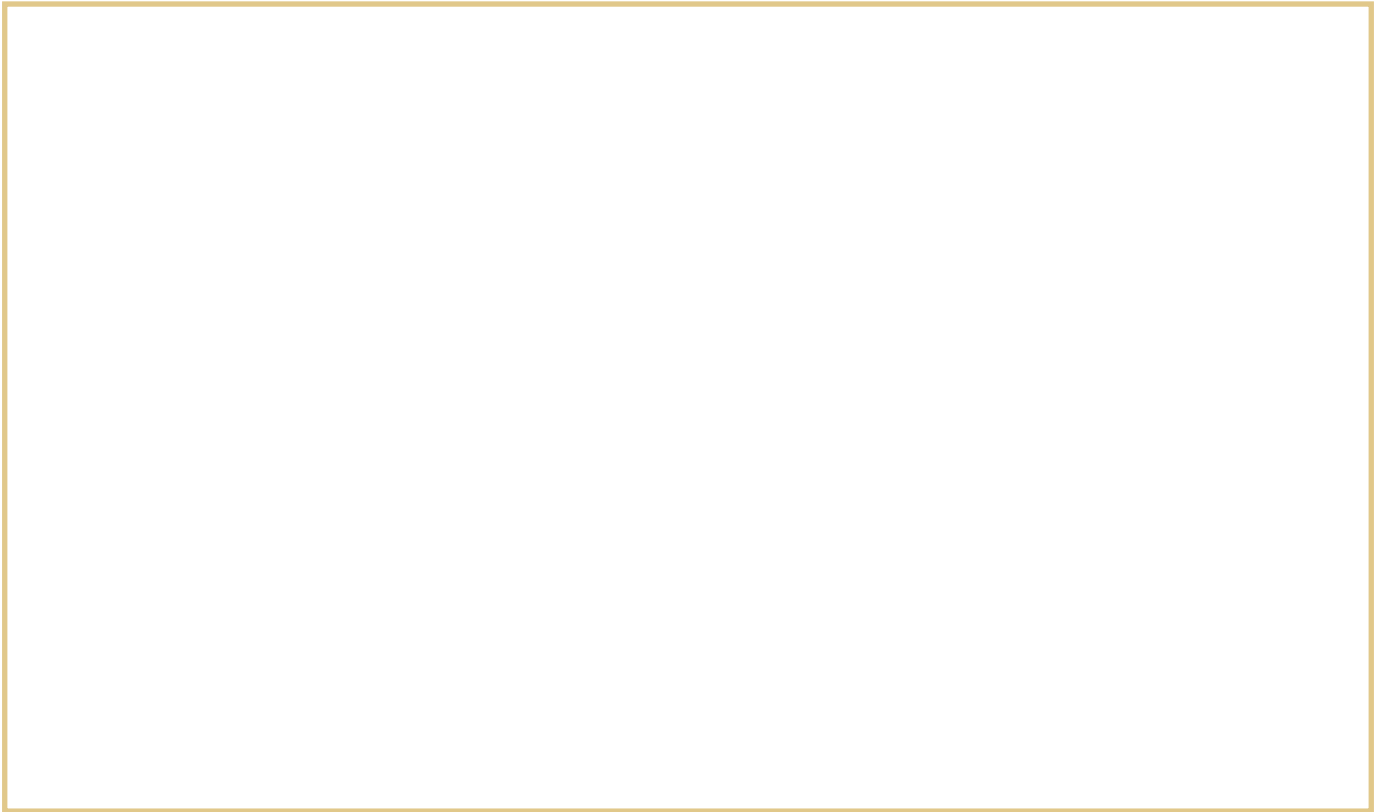
Where are you at? The wheel of Life helps us seek balance.
Fill or mark each section to show how life is going in each area.
Come back to this every quarter and re-assess how you feel as the months pass.



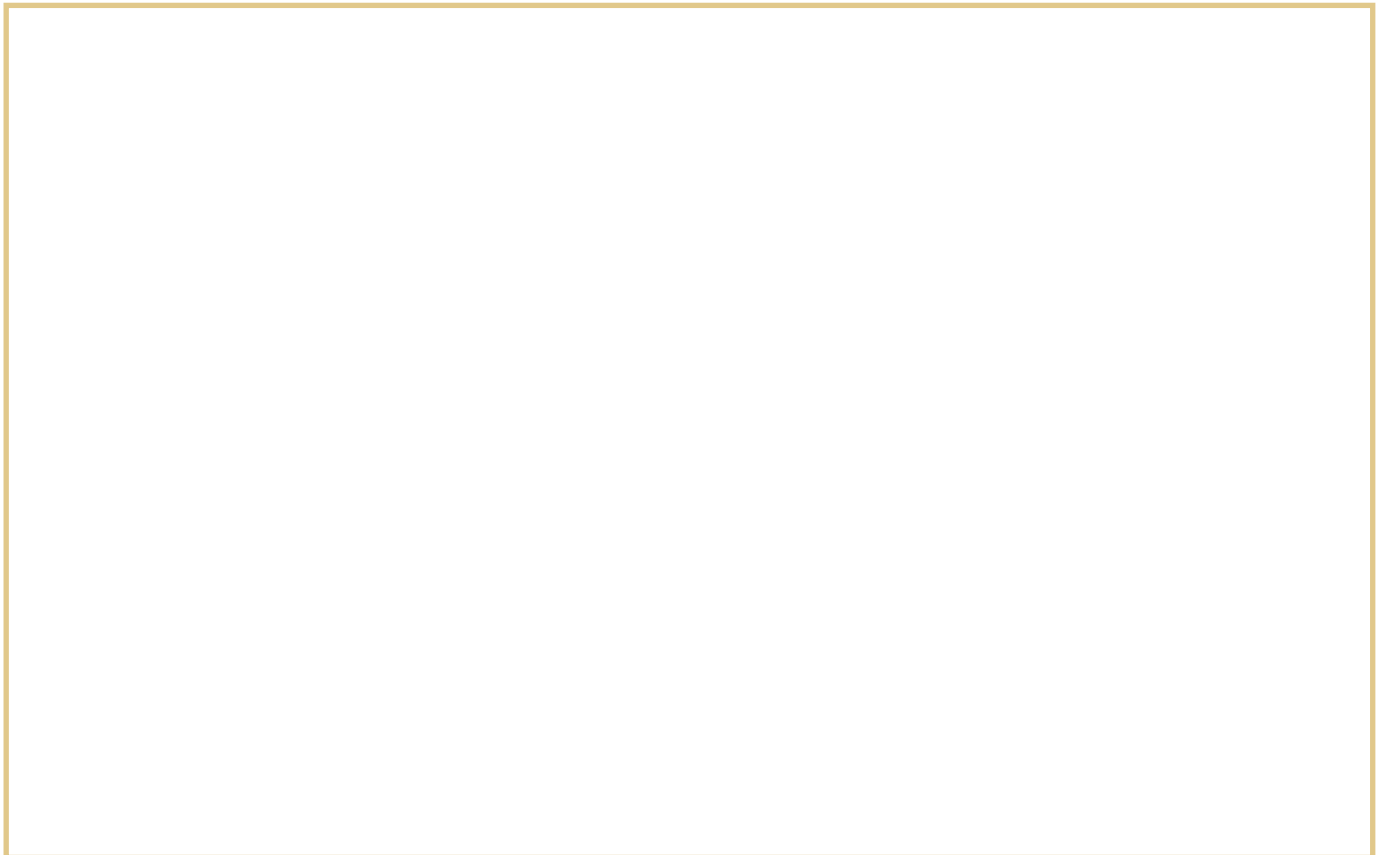
I'm Thriving in...

Growth is Needed...

What am I deeply Desiring to Change in my Life this year?

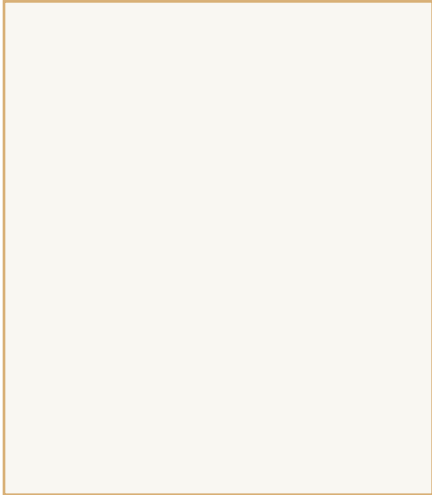


Who do I need to Be to Embody this as My Truth?

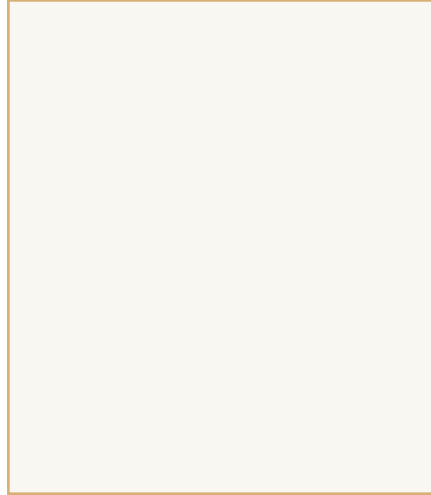


MY VISION FOR THE YEAR

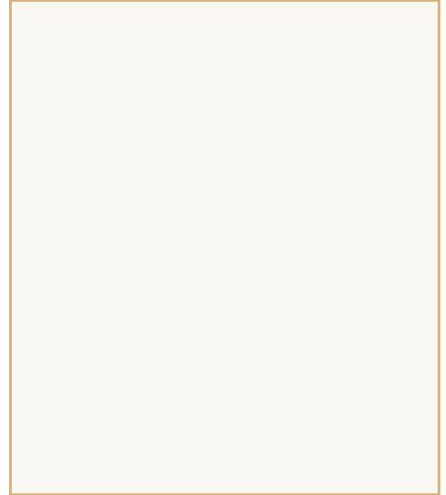
HEALTH



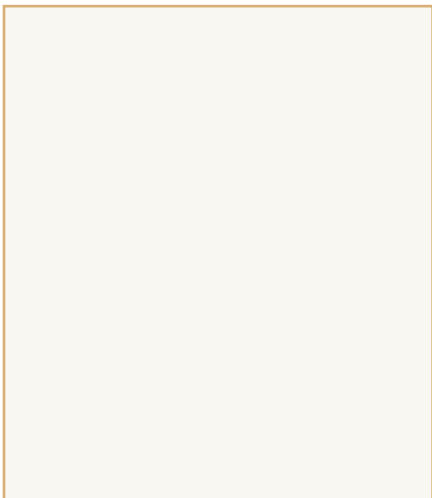
BIZ /JOB



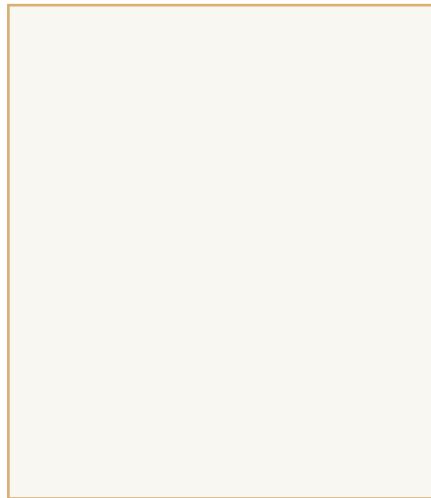
WEALTH



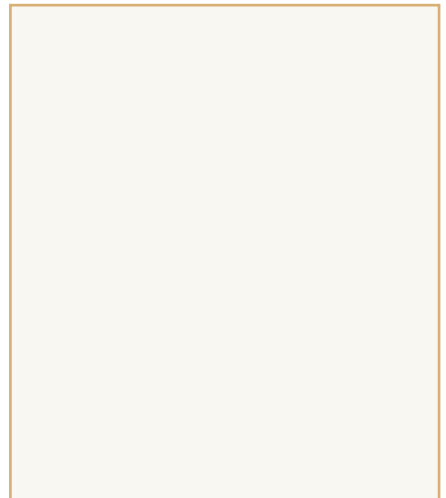
HOME



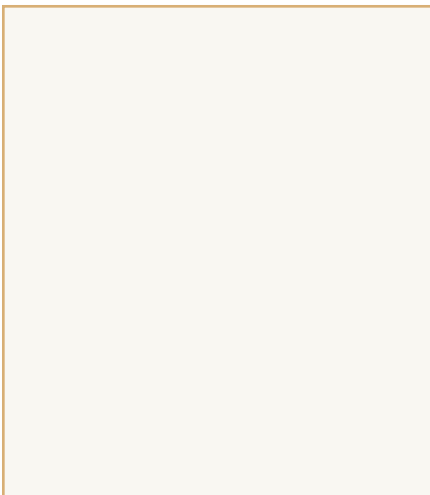
GROWTH



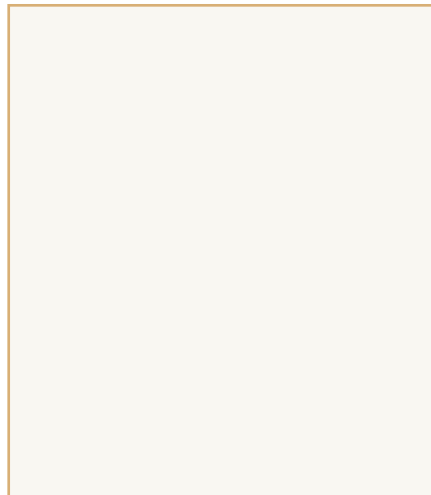
RELATIONSHIPS



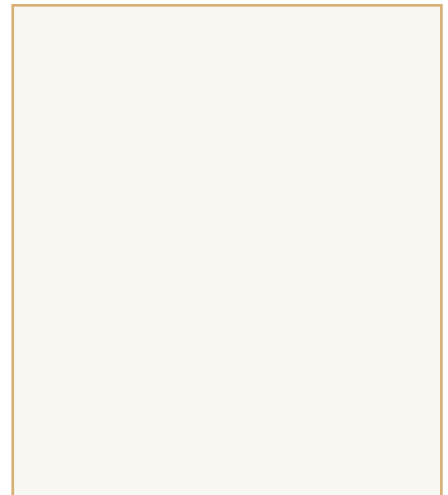
SPIRITUAL



FUN



SELF-CARE



TOP GOALS I ENVISION

GOALS:

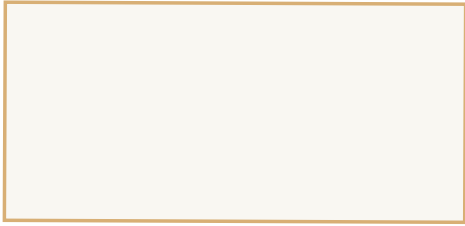
WHAT IS MY WHY:

What could I do Daily to help keep me aligned with my Goals?

GOAL ONE

GOAL:

WHAT IS MY WHY:

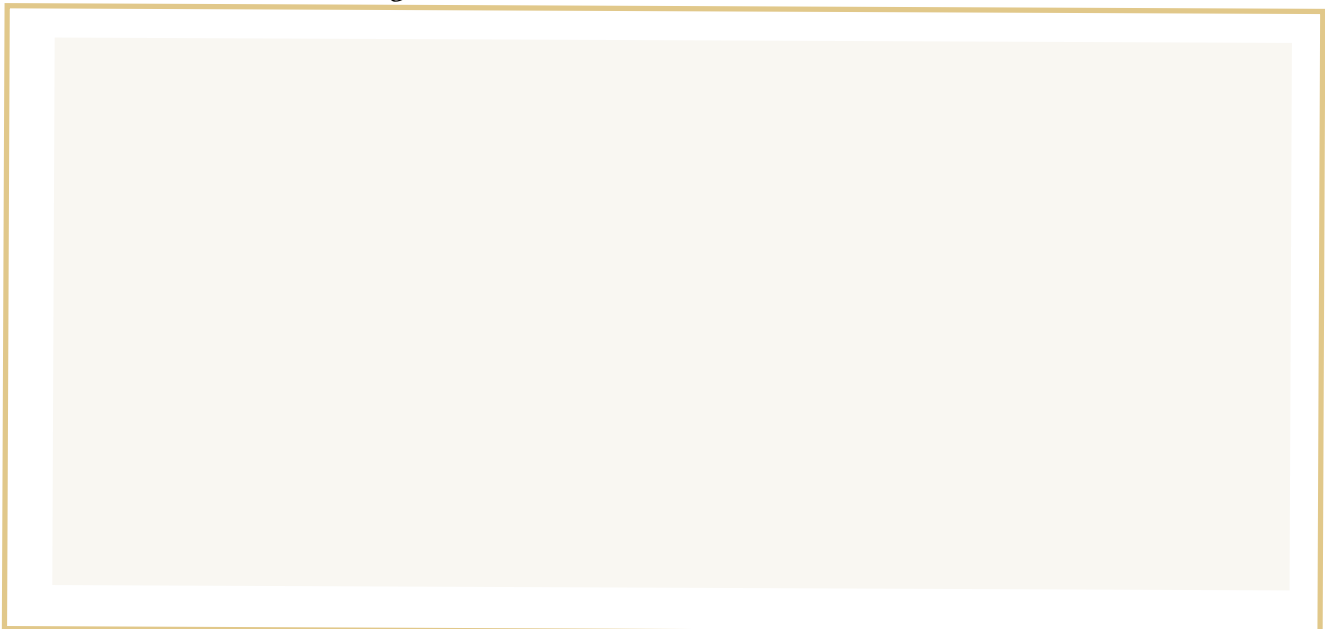


MY MINDSET & BELIEFS TO EMBODY:

NEW HABITS:

SKILLS TO LEARN:

As I Already Achieve this Goal I am:



GOAL TWO

GOAL:

WHAT IS MY WHY:

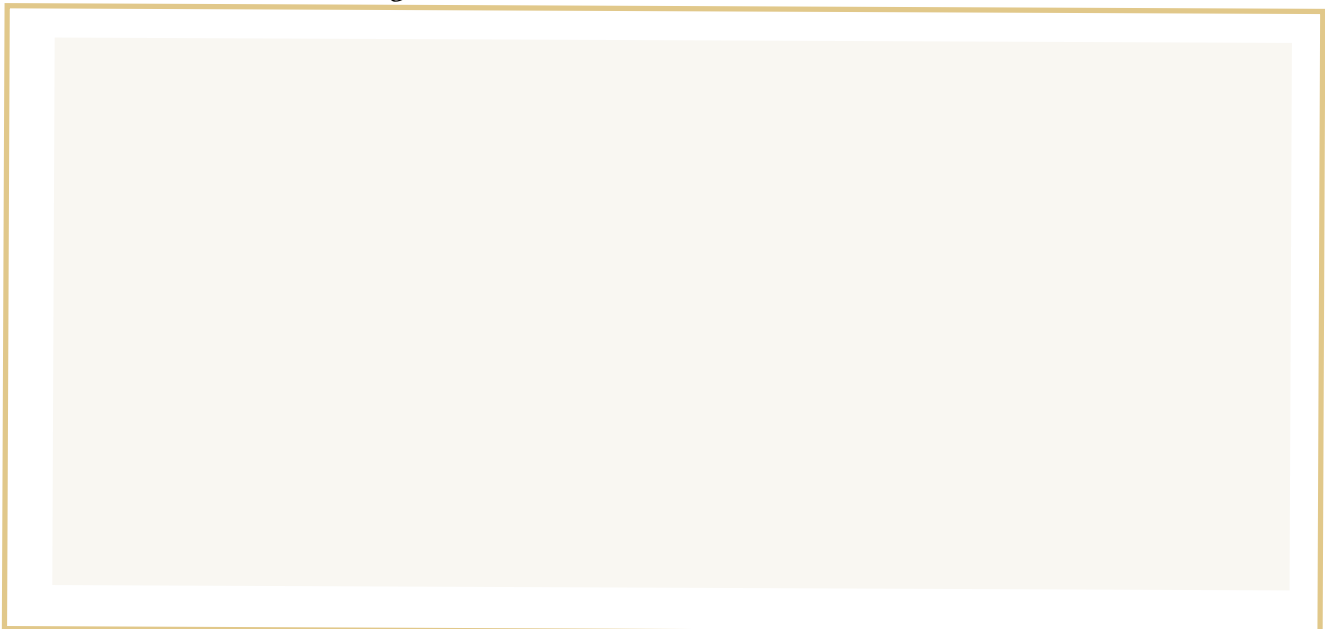


MY MINDSET & BELIEFS TO EMBODY:

NEW HABITS:

SKILLS TO LEARN:

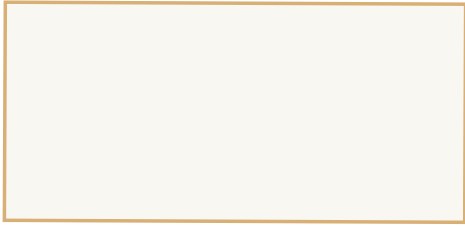
As I Already Achieve this Goal I am:



GOAL THREE

GOAL:

WHAT IS MY WHY:

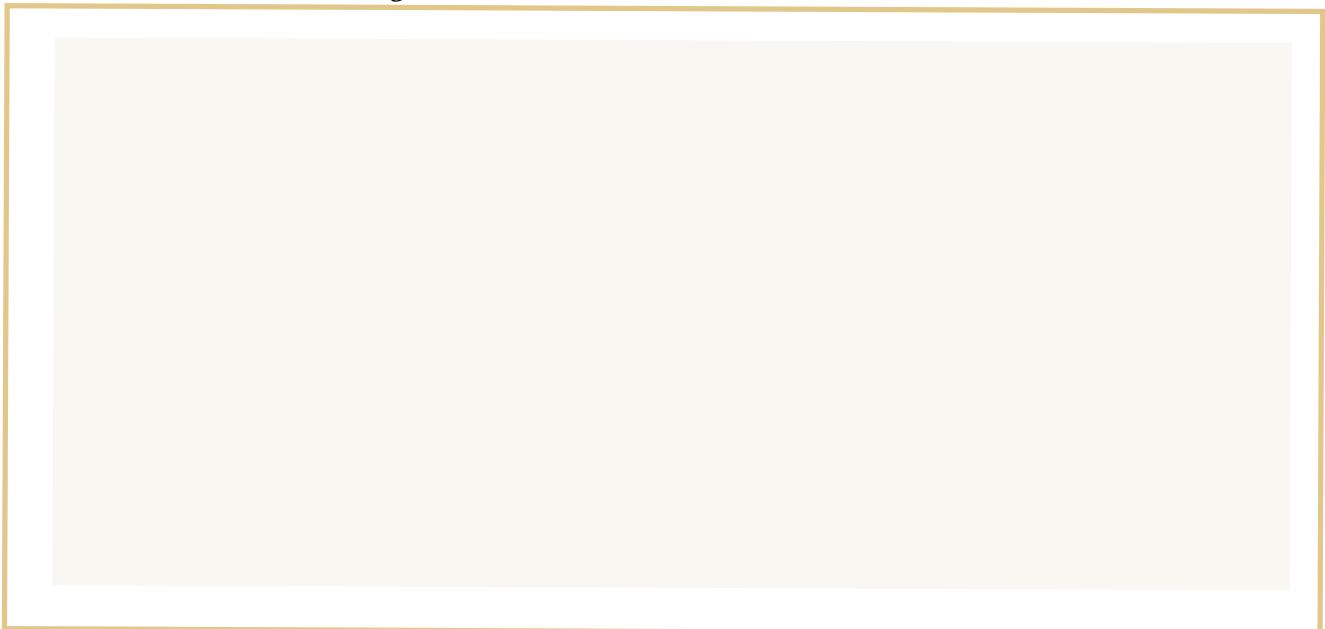


MY MINDSET & BELIEFS TO EMBODY:

NEW HABITS:

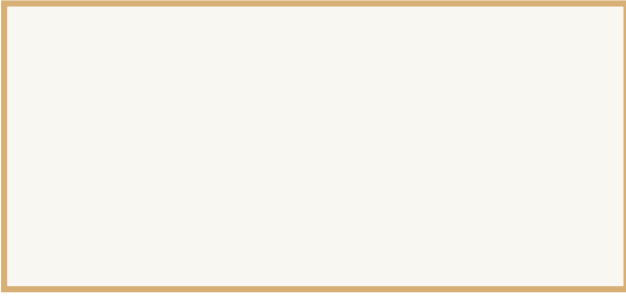
SKILLS TO LEARN:

As I Already Achieve this Goal I am:

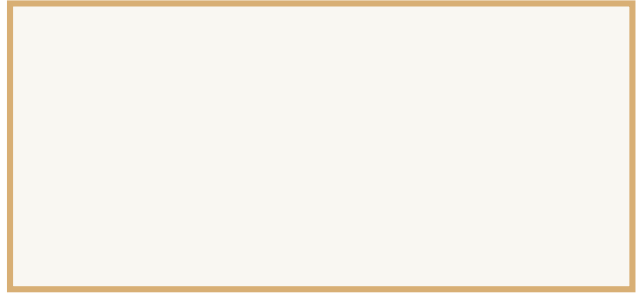


THIS YEAR I WILL:

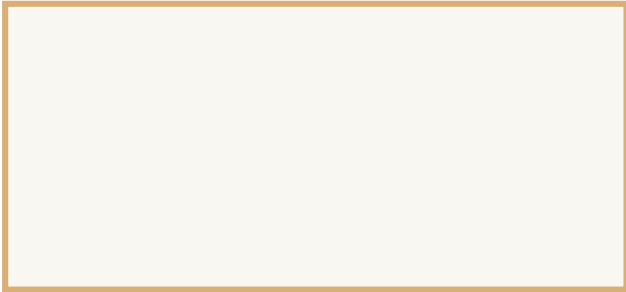
TAKE CARE OF MYSELF BY:



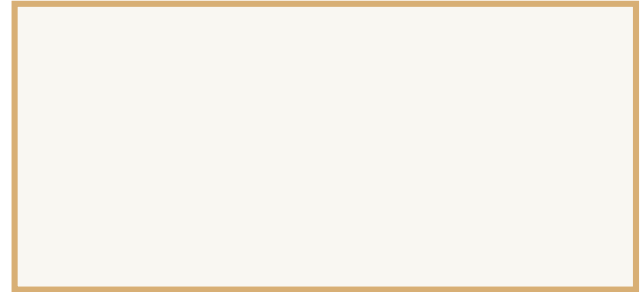
MAKE MORE TIME FOR:



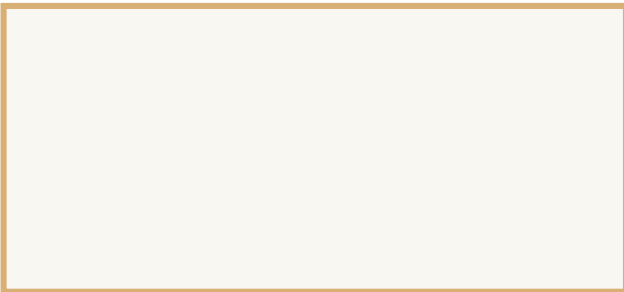
SURROUND MYSELF WITH:



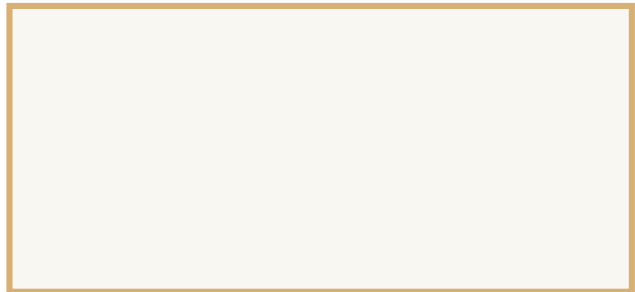
CONNECT MORE TO MY BODY BY:



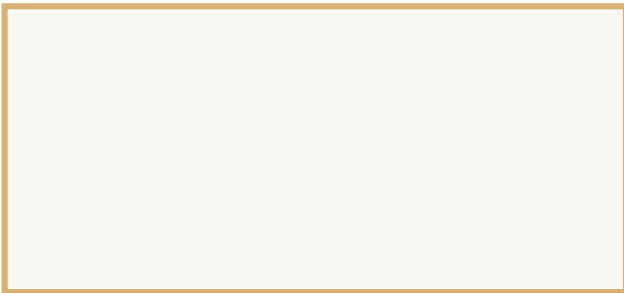
RELEASE & LET GO OF:



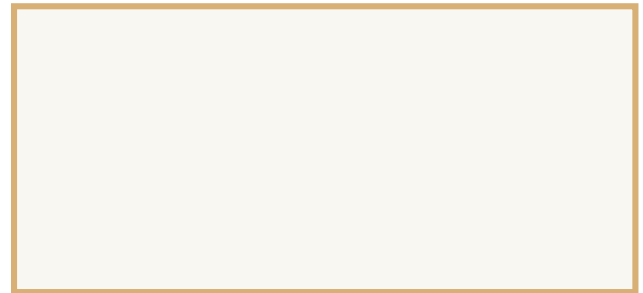
BELIEVE IN MYSELF MORE ABOUT:



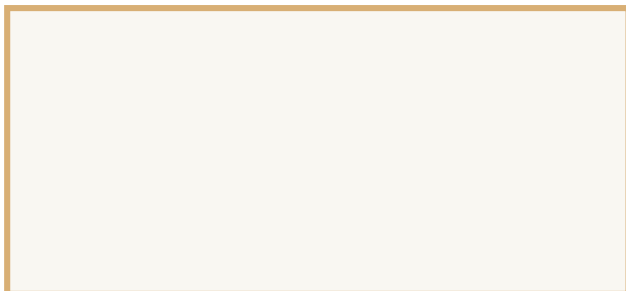
CREATE MORE:



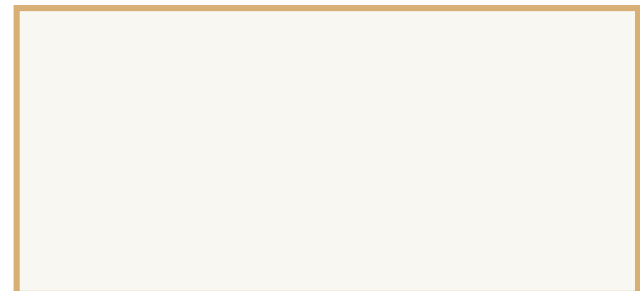
MAKE MORE:



DO MORE:



BE MORE:



IT' S TIME TO AWAKEN YOUR ALIGNED VISION

Some of these Pages are from The Spiritual Life Digital Planner Launching soon! This is just a tease towards the work we do inside of The Awaken Your Aligned Vision Workshop!

If you're ready to take this work even deeper. Learn the Valuable Mindset Work and Visioning Process to Accelerate your Intentions for the New Year.

This 2 hour workshop is broken down into a 3 Day journey of dive deeping into your Vision that you desire to Manifest for your life.

In the 3 days we explore into:

Potent Reflection & Awareness work,

Setting Aligned intentions & Goals for your year,

Creating an Aligned Action Game plan backed by Your Soul's energetics, beliefs, embodiment & Habits!

It's time to create a New System from SOUL.

We're bringing it all together to create a plan to fully sustain your Vision and teach you to Manifest from a sustainable place of Soul Alignment.

I recommend Checking out The Full Details inside of Awaken Your Aligned Vision see below.

LET' S AWAKEN MY ALIGNED VISION!